



Men's Divorce Recovery

Survive & Thrive

MDR CONFERENCES

Interested in Hosting a Conference or having Dale Speak at your Church or Men's Event?

Email Dale at

[**DaleBrown3@me.com**](mailto:DaleBrown3@me.com)

or Call **978.204.0480**

Dale is available to travel anywhere to help men survive and thrive beyond their divorce.

Founded by Pastor Dale Brown, *Men's Divorce Recovery is a ministry which exists to*
Empower Divorced Men
through
Support, Knowledge & Encouragement
to Survive & Thrive
Beyond their Divorce
to Become
Resilient, Strong & Wise Men
in Their World.

Dale Brown, Ph.D.

Executive Director

978.204.0480

dalebrown3@me.com

For more information on resources and events, go to

MensDivorceRecovery.org

MDR Conferences are a Friday evening/Saturday event designed to deliver real-time effective help and hope to divorced men. This suggested schedule can easily be 'made to fit.'

Topics covered include:

- ➔ *Transforming Pain so it is not Transmitted*
- ➔ *The Spiritual Journey of Men*
- ➔ *Finding God and His Plan for the Rest of Your Life*
- ➔ *Next Steps to Surviving & Thriving Beyond Your Divorce*

Friday:

6:00-7:00 pm	Registration
7:00-9:00 pm	Session #1
9:00-9:30 pm	Snacks and Fellowship

Saturday:

8:30-9:00 am	Coffee & Fellowship
9:00-10:30 am	Session #2
10:30-10:45 am	Break
10:45- Noon	Session #3
Noon-1:00 pm	Lunch
1:00-3:00 pm	Session #4

A Saturday-only conference is an option as well.

Followup to conferences include the possibility of starting an **S-Group** (Survive Group). S-Groups are ten-week groups that meet weekly. These are for men who are in crisis and need immediate and on-going care.

T-Groups (Thrive Groups) are a followup to the S-Groups. These groups help men find God's next step for them in the discipling process.

Designed to give hurting men a daily dose of wisdom and encouragement, the ***Daily Survival Guide for Divorced Men*** is a 91-Day devotional.



DAILY SURVIVAL GUIDE FOR DIVORCED MEN

Surviving & Thriving Beyond Your Divorce

Dale Brown, Ph.D.

Dale has pastored six churches in Texas and New England, traveled and taught overseas and led Men's Retreats and Conferences.

He holds a B.S. from the University of Texas and the M.Div. and Ph.D. degrees from Southwestern Baptist Theological Seminary.

Dale is husband to Kelly and dad to Lindsey, Davis and Aaron.



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Men's Divorce Recovery (MDR) began when long-time pastor Dale Brown suffered an unexpected divorce after 32 years of marriage.

MDR is Pastor Dale's response to God's call to help other men survive and thrive through divorce.

MDR offers multiple **Pathways to Healing & Recovery:**

ON-DEMAND Resources include:

- ➔ **WEBSITE:** MensDivorceRecovery.org
- ➔ **A DAILY DEVOTIONAL BOOK:** *Daily Survival Guide for Divorced Men: Surviving & Thriving Beyond Your Divorce*
- ➔ **A NEWSLETTER** and **BLOG** give insightful and consistent support to men.
- ➔ **VIDEOS** and **AUDIO PODCASTS** on specific topics related to divorce and recovery, accessible through the website.
- ➔ Access to **CRISIS COUNSELING**

MDR EVENTS include:

- ➔ Weekend **CONFERENCES**
- ➔ Annual weekend **RETREATS**
- ➔ Annual challenging extended **EXPEDITIONS** (backpacking, kayaking, hunting, fishing)
- ➔ **6-Week RECOVERY GROUPS** including **S-GROUPS** (*Survive Groups*) for men in the immediate crisis of divorce and **T-GROUPS** (*Thrive Groups*) for men ready to take the next step with God.

